

WHAT IS CLAIMED IS:

1. A method for the treatment of benign prostatic hyperplasia in a human male, comprising:

inserting a flexible ultrasonic probe into a urethra of the longitudinal axis, a proximal end and a distal end;

extending the ultrasonic probe to an area adjacent an enlarged prostatic lobe;

providing ultrasonic vibrations to the proximal end of ultrasonic probe, the ultrasonic vibrations producing a plurality of nodes and anti-nodes along the length of the ultrasonic probe;

ultrasonically drilling through urethral wall tissue using the ultrasonic probe;

inserting the ultrasonic probe into the interior of a prostate of the human male;

and

reducing tissue of the enlarged prostatic lobe by producing cavitation in prostatic tissue of the enlarged prostatic lobe.

2. The method according to claim 1, wherein:

the step of reducing tissue is performed by deflecting the ultrasonic probe into the prostate while leaving the urethra substantially intact.

3. The method according to claim 1 further comprising the step of removing tissue at the time of treatment.

4. The method according to claim 1 wherein:

the ultrasonic probe directly contacts the enlarged prostatic lobe.

5. The method according to claim 1, further comprising:

2 applying suction to remove tissue destroyed by the cavitation at the
3 time of treatment.

1 6. The method according to claim 1, further comprising:
2 monitoring a location of the ultrasonic probe using ultrasound.

1 7. The method according to claim 6 wherein:
2 the ultrasound used to monitor the location of the ultrasonic probe is
3 provided by an ultrasonic probe inserted into a rectum of the human
4 male.

1 8. The method according to claim 1, wherein:
2 the step of destroying tissue is performed without thermal effect.

1 9. The method according to claim 1, further comprising the step of:
2 removing prostatic tissue without destroying the urethra.

1 10. The method according to claim 1, further comprising:
2 monitoring a temperature of the ultrasonic probe.

1 11. The method according to claim 1 further comprising:
2 monitoring a frequency and amplitude of the ultrasonic vibrations and
3 automatically terminating delivery of the ultrasonic vibrations once set
4 frequency and amplitude values have been exceeded.

1 12. The method according to claim 1 further comprising:
2 monitoring the amount of tissue removed by monitoring an echogenic
3 motion of the probe and monitoring a void created by the probe.

1 13. The method according to claim 1, wherein:

Attachment 14.
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601/2

Sub A17

17.

sheath f

axially r

1 20. The ultrasonic treatment apparatus of claim 18, wherein:
2 the ultrasonic probe includes a plurality of channels.

1 21. The ultrasonic treatment apparatus of claim 18, wherein:
2 the at least one channel spirals around the outer surface of the
3 ultrasonic probe.

1 22. The ultrasonic treatment apparatus of claim 17, wherein:
2 the ultrasonic probe includes an irrigation passage.

1 23. The ultrasonic treatment apparatus of claim 22, wherein:
2 the irrigation passage is centrally located in the ultrasonic probe.

1 24. The ultrasonic treatment apparatus of claim 22, wherein:
2 the irrigation passage includes at least one lumen on a side of the
3 ultrasonic probe.

1 25. The ultrasonic treatment apparatus of claim 17, further comprising:
2 a flexible fiberoptic viewing device attached to the aspiration sheath.

1 26. The ultrasonic treatment apparatus of claim 17, wherein:
2 the aspiration sheath is formed of a flexible and resilient material and
3 includes articulation wire so that the aspiration sheath may be
4 controllably articulated.

1 27. The ultrasonic treatment apparatus of claim 26, wherein:
2 when the aspiration sheath is controllably articulated, the probe is
3 deflected.

1 28. The ultrasonic treatment device of claim 17, wherein;

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aspiration
the aspiration port is a lateral slot located on one side of the aspiration sheath.

601/2
ult. treatment
w/capsule
29. A method for treatment of a prostate in a human male, comprising:
inserting a medical treatment apparatus through the perineum of the human male;
advancing at least a portion of the medical treatment apparatus to the prostate of the human male, and
treating the prostate of the human male using the medical treatment apparatus;
wherein the prostate of the human male is treated using ultrasonics.

30. The method of claim 29, further comprising:
inserting at least a portion of the medical treatment apparatus through a prostatic capsule of the prostate of the human male.

31. The method of claim 30, wherein:
the prostate of the human male is treated to debulk prostatic tissue.

32. The method of claim 30, further comprising:
ultrasonically drilling the prostatic capsule prior to inserting at least a portion of the medical treatment apparatus through the prostatic capsule.

33. The method of claim 29, further comprising:
withdrawing the medical treatment apparatus through the perineum of the human male.

34. A method for the treatment of benign prostatic hyperplasia in a human male, comprising:

3 providing an ultrasonic probe;
4 inserting the ultrasonic probe into the interior of an enlarged prostatic
5 lobe of the human male;
6 and
7 reducing tissue of the enlarged prostatic lobe by producing cavitation
8 in prostatic tissue of the enlarged prostatic lobe.

1 35. The method of claim 34, further comprising:

2 inserting the ultrasonic probe into a urethra of the human male; and
3 ultrasonically drilling through urethral wall tissue adjacent the enlarged
4 prostatic lobe using the ultrasonic tip prior to inserting the ultrasonic
5 tip into the prostatic lobe.

36. The method according to claim 34, further comprising:
aspirating tissue that is destroyed by cavitation.

1 37. The method of claim 34, further comprising:

2 inserting the ultrasonic probe through a perineum of the human male;
3 and
4 ultrasonically drilling through the prostatic capsule using the ultrasonic
5 probe prior to inserting the ultrasonic tip into the prostatic lobe

1 38. The method of claim 34, further comprising:

2 inserting the ultrasonic probe into the human male transverse to the
3 urethra; and
4 ultrasonically drilling through the prostatic membrane using the
5 ultrasonic tip prior to inserting the ultrasonic tip into the interior of the
6 prostatic lobe.

1 39. The method of claim 34, wherein the frequency of the ultrasonic probe is in

2 the range of 20-80 khz.

1 40. The method of claim 39, wherein the amplitude of energy provided to the
2 ultrasonic probe is in the range of 150 microns to 250 microns.

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1 41. The method of claim 34 wherein:
2 the ultrasonic probe vibrates in a direction transverse to a longitudinal
3 axis of the probe.

1 42. A method for the treatment of benign prostatic hyperplasia in a human male,
2 comprising:

3 inserting a medical treatment device into an enlarged prostatic lobe of
4 the human male;

5 and

6 reducing tissue of the enlarged prostatic lobe while maintaining the
7 temperature of the reduced tissue within $\pm 7^{\circ}$ C of normal body
8 temperature;

9 wherein the tissue is removed hemostatically.

method
UH
treatment
as
hemostatic
removal
through
capsule
cavity

1 43. The method of claim 42, wherein:
2 the reduced tissue is reduced using ultrasonics.

1 44. The method of claim 43, wherein:
2 the ultrasonics reduces the tissue by cavitating the tissue.

1 45. The method of claim 44, further comprising:
2 inserting the medical treatment device into a urethra of the human
3 male;
4 and
5 inserting the medical treatment device through urethral wall tissue

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adjacent the enlarged prostatic lobe prior to inserting the medical treatment device into the interior of the prostatic lobe.

46. The method of claim 42, further comprising:

inserting the medical treatment device through a perineum of the human male;

and

inserting the medical treatment device through a prostatic capsule prior to inserting the medical treatment device into the interior of the prostatic lobe.

47. The method of claim 42, further comprising:

inserting the medical treatment device into the human male transverse to the urethra;

and

inserting the medical treatment device through a prostatic capsule prior to inserting the medical treatment device into the interior of the prostatic lobe.

48. The method according to claim 42, further comprising:

removing the medical treatment device;

and

applying glue into a cavity created by the device to seal the cavity.

*604 146 or Treating material
wound covered
by instrument
into body*

49. An ultrasonic treatment apparatus comprising:

an ultrasonic probe having an ultrasonic tip, the ultrasonic probe including at least one channel on an outer surface of the ultrasonic probe, the at least one channel extending from a proximal end of the ultrasonic probe to a location adjacent the ultrasonic tip.

*604
channel
arrangement*

1 50. The ultrasonic treatment apparatus of claim 49, wherein:
2 the ultrasonic probe includes a plurality of channels.

1 51. The ultrasonic treatment apparatus of claim 49, wherein:
2 the at least one channel spirals around the outer surface of the
3 ultrasonic probe.

1 52. The ultrasonic treatment apparatus of claim 49, further comprising:
2 an aspiration sheath surrounding the ultrasonic probe, the aspiration
3 sheath forming at a distal end an aspiration port, the aspiration port
4 communicating with the at least one channel.

1 53. The ultrasonic treatment apparatus of claim 52, wherein:
2 the aspiration sheath is movable axially relative to the ultrasonic probe.

1 54. The ultrasonic treatment apparatus of claim 52, wherein:
2 the aspiration sheath is formed of a flexible and resilient material and
3 includes an articulation wire so that the aspiration sheath may be
4 controllably articulated.

1 55. The ultrasonic treatment apparatus of claim 54, wherein:
2 the aspiration sheath can be used to bend the ultrasonic probe.

1 56. The ultrasonic treatment apparatus of claim 51, wherein:
2 the ultrasonic probe includes an irrigation passage.

1 57. The ultrasonic treatment apparatus of claim 56, wherein:
2 the irrigation passage is centrally located in the ultrasonic probe.

1 58. The ultrasonic treatment apparatus of claim 56, wherein:

2 the irrigation passage includes at least one lumen on a side of the
3 ultrasonic probe.

1 59. The ultrasonic treatment apparatus of claim 49, further comprising:
2 a flexible fiberoptic viewing device attached to the probe.

1 60. The ultrasonic treatment apparatus of claim 49, wherein:
2 the aspiration port is a lateral slot located on one side of the aspiration
3 sheath.

1 Pub
A3 61. An ultrasonic probe comprising;
2 an elongate shaft with a longitudinal axis with a recessed portion; the
3 recessed portion bounded at one end with a planar surface.

1 62. The ultrasonic probe of claim 50 wherein the planar surface is approximately
2 90° to the longitudinal axis of the elongate shaft.

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